



Child Nutrition Services
Shelton School District
INSPIRE | CHALLENGE | EMPOWER

Director: Kathryn Ward
kward@sheltonschools.org
Assistant Supervisor: Maureen Glenn
mglenn@sheltonschools.org

Assessment of Shelton School District Public School Wellness Policy

Performed: June 29, 2023 by Kathryn Ward, Food Service Director and Brenda Trogstad, Assistant Superintendent/Director of Finance.

Findings:

Shelton Public Schools Policy 6700 – Nutrition, Health and Physical Fitness is in compliance with the United States Department of Agriculture Final Ruling on leadership, content, reviewing and reporting and community engagement.

- The general public and school community, including parents, administrators, school food authority members, teachers and the school board are permitted to participate on the Wellness Committee.
- Brenda Trogstad, Assistant Superintendent/Director of Finance; and Kathryn Ward, Food Service Director, lead and coordinated compliance of the policy.
- The district has updated the policy to meet the requirements outlined in the final rule. As assessment of the wellness policy will be conducted at least once every three years and made available to public on our website ***
- The district has set forth goals for nutrition promotion, education, and other school-based activities to promote wellness.
- The district has set standards for available foods and beverages consistent with federal regulations and Smart Snack Standards.
- The district has set standards for quality physical education and nutrition education programs aligned to state learning standards...
- Marketing and advertising of foods and beverages will be limited to only items meeting Smart Snack Standards.

Ongoing Work and Next Steps:

The Wellness Committee will continue to meet and collaborate with Health Services, Instructional Services, Physical Education departments and community members to assess progress in attaining goals and ensuring that all standards set forth in the wellness policy are being enforced at the building levels.